



Hunter's Bend Run/ Cross Country Club

Students in grades 3-5 at HBES have the opportunity to participate in the Hustling Hound Dog Run/ Cross Country Club. This fall semester we will be focusing on the mile run. We will have practices on Wednesday and Friday mornings at 7:45am. We will begin practice **August 24th** and conclude in mid-October. Students will also have the opportunity to compete in the Nashville Youth Athletics cross country meets if they desire. The students must be registered for the meets by September 4th at this website if they would like to compete: www.nashvilleyouthathletics.org. The cost is \$45 to participate in the meets with the Nashville Athletics. I will be at all the meets cheering and coaching our team if the child wants to compete. If they just want to participate in the before school practices that is free and so welcome!!

Please complete the form below by August 17th.

Thanks!

Coach Nancy Rose- nancyr4@wcs.edu, Coach Catherine Beals, Coach Amber Gates

Fall Run/Cross Country Club HBES: Return by August 17th

Student name: _____

Student grade and teacher: _____

Parent email address: _____

Parent phone number: _____

Would they like to compete in the cross country meets? ___yes ___no

